

**Ralph R. Willis Career and Technical Center  
School of Practical Nursing  
Psychiatric (Mental Health) Nursing Syllabus**

**Course Number:** 9130  
**Course Hours:** 100  
**Theory Hours:** 50  
**Clinical Hours:** 50

**TEXTBOOKS:**

1. Morrison-Valfre, Michelle; Foundations of Mental Health, Elsevier; 7<sup>th</sup> Edition; 2021

**Course Description**

This course presents an introduction to Mental Health Nursing with a focus on the role of the practical nurse. The course begins with universal concepts needed in the care of patients experiencing a mental health alteration. An understanding of the health care needs of patients experiencing common mental health alterations is then built upon this foundation. The course concludes with mental health issues, as well as care needs, that frequently challenge the elderly.

**Course Objectives**

At the end of this course the student will:

1. Participate in the management of the therapeutic environment.
2. Utilize therapeutic communication skills at a beginning level.
3. Discuss the role of the practical nurse in psychopharmacology.
4. Utilize developed care plans to provide care for patients experiencing a variety of common mental health alterations.
5. Provide practical nursing care for the patient experiencing a mental health alteration commonly found in the elderly.

**Clinical Practicum:**

Completed in Acute and Long-Term Care.

**Methods of Teaching:**

1. Lecture, discussion, role playing emphasizing critical thinking
2. Videos
3. PowerPoint
4. Computer-assisted instruction- VCE – Case Studies
5. Demonstration
6. Individual and Group Conference
7. Written Exams
9. Clinical Lab Practice/ Clinical Setting
10. Evaluations

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**Student Responsibilities:**

1. Read assigned chapter.
2. Refer to and follow student monthly calendar for exam dates.
3. Attend lectures and demonstrations.
3. Complete activities as assigned.
5. Participate in class/lab activities.
6. Discuss critical thinking activities associated with the lesson.
7. Refer and follow the policies as outlined and discussed in the Student Handbook.
8. Pass exams with a grade of 80% or higher.

**Methods of Evaluation**

1. The following letter grade system is utilized for theory:

A	93 - 100
B	86 - 92
C	80 - 85
F	79 - 0
2. The following grading calculation is utilized for theory:

Exams 60%	Quizzes 10%	Final 30%
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3. Evaluation Tools:
  - a. Oral Presentations
  - b. Written Exams
  - c. Laboratory Skills
  - d. Homework Assignments
  - e. Computer Exams
  - f. Clinical Skills
4. Make-up Exam:

A student who misses an exam must be prepared to take the exam upon immediate return or as directed by instructor. Students will automatically have 5% deducted.
5. Quizzes:

Students who are absent during a quiz will receive a Zero. Quizzes are NOT made up.
6. See student monthly calendar for schedule of exam dates.
7. See Student Handbook for clinical grading guidelines.

# February

# 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Geri Clinical 6.5HRS	2 Geri CH 5-6 Test 1HR Geri CH 7 1HR Geri CH 8 2HRS Geri CH 9 2HRS	3 Geri Clinical 6.5HRS	4 <b>Geri – 6HRS</b> <b>Geri C – 13HRS</b> <b>Total – 19HRS</b>
5	6 Geri Clinical 6.5HRS	7 Geri CH 7-9 Test 1.5HRS Geri CH 10 2HRS Geri CH 11 2HRS	8 Geri Clinical 6.5HRS	9 Geri CH 10-11 Test 1HR Geri CH 12 2HRS Geri CH 13 2HRS Geri CH 14 1HR	10 Geri Clinical 6HRS	11 <b>Geri – 11.5HRS</b> <b>Geri C – 19HRS</b> <b>Total – 30.5HRS</b>
12	13 Geri Clinical 6HRS	14 Professional Learning No School Students	15 Geri Clinical 6HRS	16 Geri CH 12-13 Test 1HR Geri CH 14 1HR Geri CH 15 2HRS Geri CH 16 2HRS	17 Geri Clinical 6HRS	18 <b>Geri – 6HRS</b> <b>Geri C – 18HRS</b> <b>Total – 24HRS</b>
19	20 Mental Health Clinical 6.5HRS	21 Geri CH 14-16 Test 1.5HRS Geri CH 17 2HRS Geri CH 18 2HRS	22 Mental Health Clinical 6.5HRS	23 Geri CH 17-18 Test 1HR Geri CH 19 2HRS Geri CH 20 2HRS MH CH 3 1HR	24 Mental Health Clinical 6.5HRS	25 <b>Geri – 10.5HRS</b> <b>MH – 1HR</b> <b>MH C – 19.5HRS</b> <b>Total – 31HRS</b>
26	27 Mental Health Clinical 6.5HRS	28 Geri CH 19-20 Test 1HR MH CH 3 Test .5HRS MH CH 4-8 5HRS				<b>Geri – 1HR</b> <b>MH – 5.5HRS</b> <b>MH C – 6.5HRS</b> <b>Total – 13HRS</b>

# March

# 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Geri Final 1HR Class Meeting 1.5HRS	2 MH CH 4-8 Test 2.5HRS MH CH 9-12 4HRS	3 Mental Health Clinical 6HRS	4 Geri – 1HR MH – 6.5HRS MH C – 6HRS SD – 1.5HRS Total – 15 HRS
5	6 Mental Health Clinical 6HRS	7 MH CH 9-12 Test 2HRS MH CH 13-16 4HRS	8 Mental Health Clinical 6HRS	9 MH CH 13-16 Test 2HRS MH CH 17-20 4HRS	10 Mental Health Clinical 6HRS	11 MH – 12HRS MH C – 18HRS Total – 30HRS
12	13 Med Surg. Clinical 6.5HRS	14 MH CH 17-20 Test 2HRS MH CH 21-24 4HRS	15 Med Surg. Clinical 6.5HRS	16 MH CH 21-24 Test 2HRS MH CH 25-28 4HRS	17 Med Surg. Clinical 6.5HRS	18 MH – 12HRS MS C – 19.5HRS Total – 31.5HRS
19	20 Med Surg. Clinical 6.5HRS	21 MH CH 25-28 Test 2HRS MH CH 29-32 4HRS	22 Med Surg. Clinical 6.5HRS	23 MH CH 29-32 Test 2HRS MH Movie Project 4HRS	24 Med Surg. Clinical 6.5HRS	25 MH – 12HRS MS C – 19.5HRS Total – 31.5HRS
26	27 Med Surg. Clinical 6.5HRS	28 MH Final 1HR Class Meeting 2HRS	29 Med Surg. Clinical 6.5HRS	30 ATI 6HRS	31 Med Surg. Clinical 6.5HRS	MH – 1HR MS C – 19.5HRS SS – 6HRS SD – 2HRS Total – 27.5HRS